

# **CABRAMATTA NUCLEAR MEDICINE**

*- Nuclear Medicine, Ultrasound, Radiology*

## **ULTRASOUND PATIENT PREPARATION**

- ❖ **Pregnancy, pelvis, lower abdomen, kidney or bladder** examinations require you to have a full bladder. It is necessary to drink 600-800ml of water two hours prior to the scan and refrain from going to the toilet.
  - *Exception:* In patients undergoing only a Transvaginal Ultrasound and in cases of advanced pregnancy (after 24 weeks) only moderate bladder filling is required.
- ❖ **Upper abdominal** scans such as liver, gall bladder or pancreas require you to fast (i.e. no eating, drinking or smoking for six hours prior to the examination). If you are a diabetic, please discuss this with our bookings staff.
- ❖ **Musculoskeletal** scans usually require no special preparation.
- ❖ **Thyroid or Breast** scans require no special preparation.
- ❖ **Duplex carotid, leg veins (DVT or CVI), arm veins, arm arteries, penile Doppler** scans require no special preparation.
- ❖ **Duplex leg arterial, renal arteries, abdominal Doppler** scans require you to fast (i.e. no eating, drinking or smoking for six hours prior to the examination). If you are a diabetic, please discuss this with our bookings staff.

We understand that some patients are anxious about having tests performed. If you do have any questions or concerns, please do not hesitate to ask our staff. It is important that you are on time for your appointment to ensure there is sufficient time available to perform the procedure. Please remember to bring any relevant films and your referral to your appointment.

**144, Cabramatta Road East, Cabramatta**

**Tel – 02 9724 2299**

**www – [www.cabnuccmed.com.au](http://www.cabnuccmed.com.au)**